

EXPEDITION ROUTE CARD (use one per day)

Aim of expedition: <i>Example route card</i>										Name of DofE Group:		
Day of the week:		Date:	Day of venture: (1 st , 2 nd etc.)		Names of team members:					Address: Kingdown School Woodcock Road Warminster Wiltshire BA11 9DR Email: HO@Kingdown.Wilts.sch.uk		
<i>Saturday</i>		<i>29/6/19</i>	<i>Day 1</i>		<i>Pat Lunch</i>			<i>Sue She</i>				
						<i>Tina Beans</i>			<i>Lynne Greeny</i>			
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time:	Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)		Escape/Notes
	START								<i>0800</i>			
	<i>Gwern Grof Isaf</i>											
	<i>SH 685 601</i>											
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)		(k)	
1	TO <i>SH 672 603</i> <i>Gwern Grof Uchat</i>	<i>280</i>	<i>1.3</i>	<i>20</i>	<i>22</i>	<i>0</i>	<i>22</i>	<i>0822</i>	<i>Follow track W. Stay left of stream</i>		<i>Return to start</i>	
2	TO <i>SH 662 586</i> <i>Fork in path</i>	<i>210</i>	<i>2.7</i>	<i>430</i>	<i>84</i>	<i>10</i>	<i>94</i>	<i>0956</i>	<i>Follow track S. Do not ascend Tryfan to W. Stay right of streams</i>		<i>As is 300m North</i>	
3	TO <i>SH 664 593</i> <i>Tryfan</i>	<i>353</i>	<i>0.8</i>	<i>200</i>	<i>32</i>	<i>20</i>	<i>52</i>	<i>1048</i>	<i>Head NW onto saddle. If time allows, head N to peak of Tryfan</i>		<i>Do not descent to North - re</i>	
4	TO <i>SH 655 594</i> <i>Llyn Bochlwyd</i>	<i>210</i>	<i>1.4</i>	<i>0</i>	<i>21</i>	<i>0</i>	<i>21</i>	<i>1109</i>	<i>Retrace steps to saddle then descend towards Australia Lake</i>		<i>As is 1km North</i>	
5	TO <i>SH 646 596</i> <i>Llyn Idwal</i>	<i>282</i>	<i>0.9</i>	<i>20</i>	<i>16</i>	<i>20</i>	<i>36</i>	<i>1145</i>	<i>Head W to Llyn Idwal</i>		<i>Continue to Idwal Cottage</i>	
6	TO <i>SH 649 603</i> <i>Idwal Cottage</i>	<i>021</i>	<i>0.9</i>	<i>0</i>	<i>14</i>	<i>15</i>	<i>29</i>	<i>1214</i>	<i>Head N to Idwal Cottage. Information centre and cafe</i>		<i>Continue to Idwal Cottage</i>	
7	TO <i>SH 672 603</i> <i>Gwern Grof Uchat</i>	<i>336</i>	<i>3.1</i>	<i>90</i>	<i>56</i>	<i>0</i>	<i>56</i>	<i>1310</i>	<i>Walk clockwise around Llyn Ogwen</i>		<i>Several tracks South to As</i>	
8	TO <i>SH 685 601</i> <i>Gwern Grof Isaf</i>	<i>100</i>	<i>1.4</i>	<i>10</i>	<i>22</i>	<i>0</i>	<i>22</i>	<i>1432</i>	<i>Return to start on S side of main road (As)</i>		<i>As is 300m North</i>	
Totals:			<i>21.5</i>	<i>770</i>	<i>267</i>	<i>65</i>	<i>332</i>	<i>1432</i>	Supervisor's name and Tel No: <i>Mr P Harwood</i> <i>07593 039048</i>			